

Chiropractic Workshops

For Women Only

A Women's Wellness Workshop

Presented by:

Dr. Gregory Jean-Pierre



Did you know that heart disease is the number one killer of American women?

Did you know that Osteoporosis afflicts 25 million Americans – 80 percent of them being women?

Did you know that there are natural and effective ways to combat symptoms associated with PMS and menopause?

Women's bodies are constantly changing - from the onset of menstruation to menopause and beyond. That's why we have put together an informative workshop to discuss these changes in your body and what you can do to maintain optimal health throughout your lifetime. In our class, you can expect to learn:

What is Osteoporosis and what can I do to avoid it?

Natural ways to alleviate symptoms of PMS and Menopause

How does heart disease affect women and what can I do to prevent it?

What can I do to ensure overall health and vitality?

Bring your women friends. Bring your questions and concerns – we will be happy to address them.

Give us a call at **561-409-3594** to reserve your spot in our class or simply print your name and telephone number on the sign-up sheet located in the reception area of our office. We will call you a couple of days prior to the class to confirm. Seating is limited, so please call soon.

Event Details:

Upper Cervical Institute of FL

January 23rd

7pm

Phone: (561) 409-3594

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Boca Raton, FL 33433

Wellness